

Lakeside Walker Group



What are we about?

Spring is finally here! Let's get out there in the sunshine and start walking! Come join us for just an easy stroll or try something harder for weight loss and better health. Even if you just have cabin fever from being cooped up all winter and want to get out of the house, this is a great group to join because I see us relaxing together after our walks and friendships forming.

When: Various days, with Sundays at 2pm and Wednesdays at 4:30pm being the regular schedule times. Other times will be posted on the Meetup site community board (<https://www.meetup.com/Lakeside-Walkers/>) as they are organized. Eventually, several different walking paths with various level of difficulties will be organized throughout the week. On that site, all the different walks will be posted and any weather cancellations.

Where: [Sylvan Beach Amusement Park](#) Sylvan Beach, NY

We will meet in the park next to the lake behind the amusement park. Look for the "Lakeside Walkers" sign at the picnic table closest to the Bath House building. If you google "Sylvan Beach Amusement Park", the "Bath House" we are meeting next to is on the map. As people post other walking times on the Meetup site, they may designate a different starting place.

Contact Information:

The Meetup site will be the primary form of communication to the group. <https://www.meetup.com/Lakeside-Walkers/>. You can also contact me by one of these other methods.

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